

Why register with a local doctor (GP or General practitioner)?

As a new student you should register with a Cambridge GP as soon as you can (when you first arrive in the city). This way, you can receive emergency care if you need it and access health services quickly and easily while you're at university. This is especially important if you have an ongoing health condition such as asthma, diabetes or epilepsy.

Cambridge GPs are experienced in supporting students, and also in working with the University and Colleges. **This is important if you are unwell in the lead up to, or during your examinations and you need special exam arrangements or allowances to be made.**

If students do not register locally, this can have a negative impact on local GP funding and provision of normal medical services. A visit to the Emergency Department (A&E) is for emergencies only [When to go to A&E - NHS \(www.nhs.uk\)](http://www.nhs.uk) . For most medical problems, the first port of call is your GP. Outside normal working hours, you can ring NHS 111 or your GP's telephone number and you will be put through to the out of hours GP service.

Although students are not permitted to register with both a Cambridge GP and one at home, you can register in Cambridge in term time and see your home GP during the vacations by completing a temporary resident form, simply by re-registering with your home GP. Alternatively, you can stay registered with your GP in Cambridge and 'phone them as you normally would when you need an appointment. Many appointments can be conducted by 'phone and if medication is prescribed, the GP can arrange for a prescription to be sent to your home address. When required, Cambridge GPs are used to liaising with other practices and hospitals across the country and, with your consent, will share student records if this is required to support a referral. If required, hospital appointments should not be affected as you can elect to be seen at any hospital.

You can choose to register with any local GP, although your college may suggest a Practice close by. Details of how to register with a GP are on the NHS website together with contact details of Cambridge GPs: [How to register with a GP surgery - NHS \(www.nhs.uk\)](http://www.nhs.uk) Please note that the postcode for the main Girton site is CP3 0JG. For Swirles Court, the postcode is CB3 1AQ. This information is useful when trying to find a GP nearest to you. For Girton students, the nearest GP surgery is Huntingdon Road Surgery [Homepage - Huntingdon Road Surgery](http://www.huntingdonroad.nhs.uk).

For international students: The immigration health surcharge will entitle Tier 4 students to access NHS care in the UK at no additional cost in the same way as a permanent UK resident. This includes at the Doctor's surgery (known as General Practitioner or GP), a Healthcare Centre or in a hospital. You may need to pay for dental and optical treatment as well as medicine prescribed by the doctor and collected from a pharmacy. Please see [Immigration Rules - Immigration Rules: Appendix Student - Guidance - GOV.UK \(www.gov.uk\)](http://www.gov.uk). There are also exceptions for particularly expensive discretionary treatments.

Please speak with your college nurse if you require more information.