



WINTER HOLIDAY

Activities Guide

2021-22



Image description for the above: The title 'Winter Holiday Activity Guide' is written in green and pink fonts and the background imagery is of a fir tree branch covered in snow. The green Cambridge SU logo is on the top middle of the page.



Image description: A front on shot of Kings College Chapel covered in snow. A person walks a bike at the front of the image and looks towards the chapel. A group of people are on the other side of the river in front of the chapel talking.

WELCOME TO THIS YEAR'S SU WINTER HOLIDAY ACTIVITY GUIDE!

Welcome to the Winter Holiday Activity Guide! Within this guide you will find information on a range of activities and events which are happening throughout the winter break in Cambridge and beyond. We've also included a variety of online activities so that even if you have left the city you can still get involved! Just because you might be staying in Cambridge during the festive period doesn't mean you shouldn't take a break and explore this beautiful city!

While all of the activities have been suggested in the context of COVID-19, please use your judgement to ensure you are abiding by government, College and University regulations. And of course, only take part in those activities with which you feel comfortable and safe.

This is a live document and events and activities will be added and updated throughout the winter break so make sure to check regularly for updates!

If you have any suggestions for events you would like to be included please submit them [by clicking this link](#).



CONTENTS

Click on a link below to be taken straight to a specific area of the guide or simply scroll through the document to see what activities and events you might be interested in attending!

- [Things to do in Cambridge](#)
- [Events run by J/MCRs, Clubs and Societies](#)
- [Events run by Cambridge SU](#)
- [Nice walks and outdoor spaces in Cambridge](#)
- [Things to do in Cambridgeshire](#)
- [Events and places to visit further afield](#)
- [Community Volunteering](#)
- [Individual and Group activities](#)
- [Online Events and Activities](#)
- [Helpful links and support](#)
- [Alternative study and event venues](#)
- [Refreshers Fair](#)

Note: this is a live document, come back for updates

THINGS TO DO IN CAMBRIDGE



Image description: A close up of a wooden Christmas market stall selling tree ornaments and Christmas decorations. Two other stalls feature on either side.

PLEASE NOTE: As of writing, these events are running. However, we advise you to check the websites and government advice for updated regulations of activities.

- **Cambridge Wine Merchants**

Their shops on [King's Parade](#) and [Bridge Street](#) are selling hot mulled wine for take-out! Buy a hot mulled wine on a chilly evening and enjoy the christmas lights in the centre of town.

- **Burwash Manor**

The manor has lovely grounds with independent shops that sell home decorations, wine and craft ale, delicatessen food, gifts, jewellery and a lovely cafe! Instructions for the 3.5mile/6k walk from the town centre to Burwash in the walks section!

[Welcome to Burwash Manor](#)

- **Cambridge Market**

Visit the market for a huge variety of tasty food, hot drinks, fresh vegetables and increasingly more festive produce!

<https://www.cambridge.gov.uk/markets>

- **Scudamores**
Perfect for a wintry punt along the river cam. Go with friends from your household and a flask of mulled wine or tea to keep you company and keep you warm!
[Punting Cambridge with Scudamore's](#)
- **Visit the Christmas tree** in the town centre by Market Square.
- **Cambridge Junction: The Snow Queen - £16.50**
8th Dec- 3rd Jan, to book tickets click here: [The Snow Queen | Cambridge Junction](#)
- **Cambridge Junction: Be Social Cambridge's Independent Christmas Market Fair - free entry - booking required**
Saturday 18th December 10am-6.30pm [Be Social Cambridge's Independent Christmas Market Fair | Cambridge Junction](#)
- **The North Pole, Parkers Piece Cambridge, Free entry to venue, tickets required for some rides and attractions**
Hosted on Parker's Piece visit the North Pole for traditional fairground rides, ice skating and festive refreshments. Find out more and browse opening times here: [The North Pole, Cambridge](#)
- **Christmas Specials at The Light Cinema Cambridge, from £5**
The Light Cinema at Cambridge leisure centre have picked a selection of festive films, such as Love Actually, Elf and Die Hard to show across December with tickets starting at just £5! To see what's on and book tickets click here:
[Cambridge light cinema christmas specials](#)
- **Cambridge Science Park Christmas Market, Thursday 9th December 11.30-14.30pm**
The market will feature a host of stalls, live christmas music and food trucks. More information available here:
<https://www.cambridgesciencepark.co.uk/christmas-market/>
- **Cambridge What's On guides**
Whilst we have highlighted a variety of activities and events for you to attend within this guide it is not possible to list every activity happening in this vibrant city. Therefore check out the following links for more information on free and ticketed events happening across Cambridge this month!
 - University of Cambridge [What's On at the University](#)

- Cambridge University Library [What's On | Cambridge University Library](#)
- Cambridge Corn Exchange [What's on | Cambridge Live](#)
- Eventbrite [Cambridge Events & Things To Do](#)

EVENTS RUN BY J/MCRS, CLUBS AND SOCIETIES



Image description: A snowperson made by St Edmund's college students holds a mop and wears a college scarf. They are surrounded by snow and situated in front of a college building.

If you are a J/MCR, Club, Society or SU Campaign and are thinking about organising an in person or online event at any point between the 4th December and 17th January which you would be happy to open to all students, then please submit your event using this form: <https://forms.gle/pWhWChaAN6xS6dCU7>

- **Gonville and Caius Allotment Society christmas meetup, 11am-12pm, Saturday 18th December 2021**

There will be a talk about the allotment, and guidance on growing produce. Open to all colleges and years

Where: Meet at the Porters Lodge. The allotment is at K-Block, West Road. This event will involve moving over rough ground and over stones. This event is in-person but will be held outside.

For more information about the society visit this instagram page: [Caius Allotment Society instagram page](#)

- **CamCrag Ceilidh for Calais, 19.30-21.30pm, Friday 10th December**
Everyone is welcome. Tickets are £5 (unwaged) and £12 (waged)

Where: St Giles Church, Castle Street, Cambridge, CB3 0AQ

Additional information on the event is available here: [Ceilidh Night at St Giles' - Cambridge Convoy Refugee Action Group](#)

To book tickets visit: [Ceilidh for Calais Tickets, Fri 10 Dec 2021 at 19:30](#)

- **Cambridge Community Kitchen, 23rd, 24th and 26th December**
Cambridge Community Kitchen will be open for festive shifts on the above dates and are in need of cooks and delivery drivers. For further information about the community kitchen please see the volunteering section of this guide or visit this webpage: <https://cckitchen.uk/> where you can sign up to be a volunteer. Masks are required when inside the building unless exempt.

Contact: ch941@cam.ac.uk

This page will be updated regularly with information about events so make sure to check back soon!

EVENTS RUN BY CAMBRIDGE SU

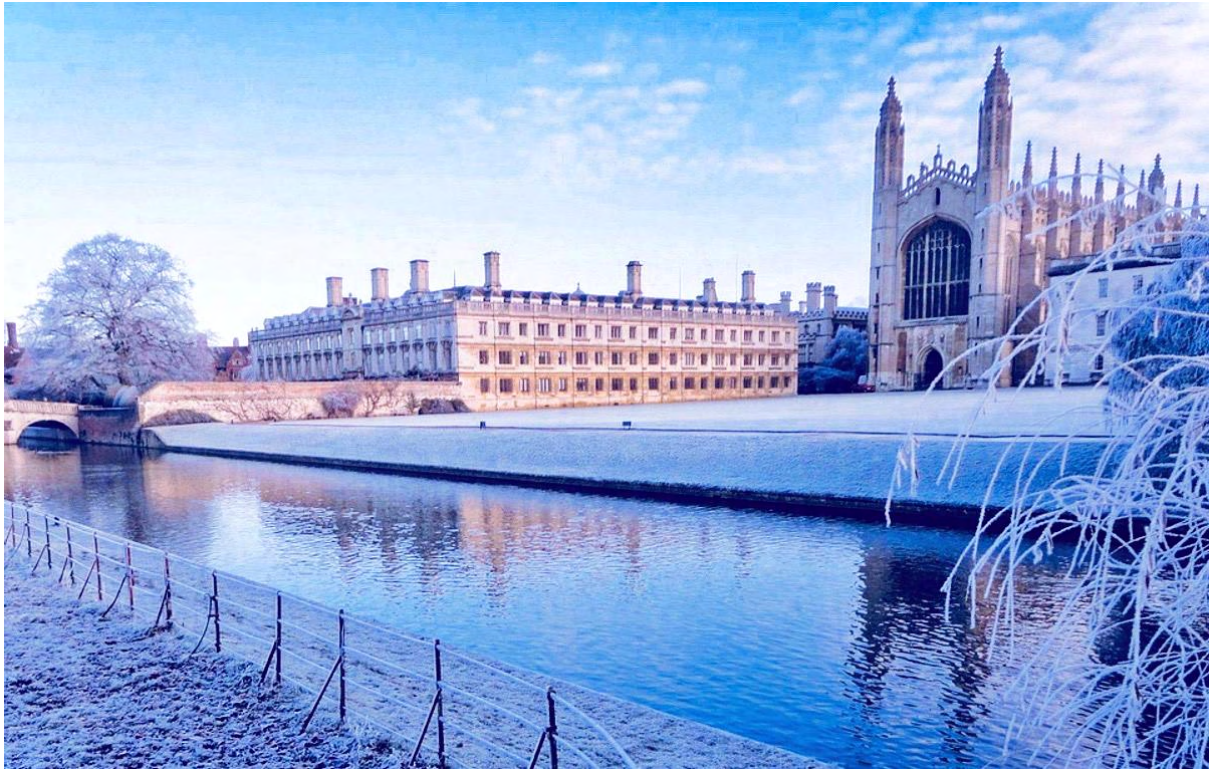


Image description: A photo of Kings College Chapel taken from across the river to the right of the chapel. The ground is dusted with snow.

- **Cambridge SU Quiz, 5.00-6.30pm on Thursday 9th December**

Come and test your quizzing credentials on the SU's holiday quiz! Each round has been written by one of your sabbatical officers and you can organise teams however you like - join as a household or over group chats between friends.

To book a free ticket and to access the accessibility statement please visit this webpage: [The SU Holiday Quiz](#)

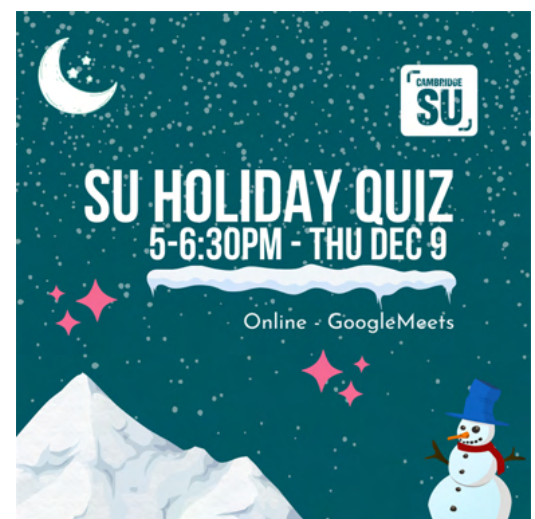


Image description: A graphic for the SU Holiday Quiz. A snowperson and a snowy mountain populate the bottom of the image and snow is falling in the background.

Are you staying in Cambridge over the winter holidays?

If you are going to be staying in Cambridge over the winter holidays and are interested in hosting an event or activity please contact

welfareandtraining@cambridgesu.co.uk

NICE WALKS AND OUTDOOR SPACES IN CAMBRIDGE

- Cambridge Botanic Gardens**
 Entry is free to students at the University of Cambridge and you can either pre-book or walk in. At the gardens you can explore gorgeous grounds with autumnal leaves and a lovely tea room. For more information click here: [Welcome to Cambridge Botanic Garden - Find Out More](#)



Image description: A rockery surrounded by a variety of trees most of which are shades of green. One tree on the right hand side has leaves in red and yellow tones.

- Castle Mound** is a grassy mound which was originally an Iron Age fort. Climbing to the top, while exhausting, offers gorgeous views of Cambridge, with even Ely Cathedral being visible on a clear day! To access the google

maps location details to the mound click on this link: [Castle Mound Directions](#).

- **Grantchester Meadows**

These are gorgeous meadows which wind along the river Cam, with a footpath that takes you out into the Grantchester village. If you're lucky you might spot the film crew filming the detective drama [Grantchester](#)! There's a couple of pubs en-route and at the end of the footpath:

[The Blue Ball](#)

[The Red Lion](#)

For google maps location details click here: [Grandchester Meadows](#) Extend your walk along Grantchester Meadows and take a [full walk to Burwash Manor](#) (check in the previous section!). Once you pop out of the footpath by the Red Lion pub, take a right turn and walk along the street. When it forks by the Rupert Brooke restaurant, take a left and walk along this road until you get to a road on the left called Bridle Way. Here's the beginning of the Burwash Manor walk. Along the way, you'll pass the [Cambridge Gin Distillery Showroom](#) which is supposed to be very exciting!

- **Jesus Green**

The green is on the opposite end of town to Grantchester, but also heralds beautiful walks along the river Cam. Walk along [Jesus Green](#) and onto [Midsummer Common](#) to see the gorgeous houseboats, and probably a few of Cambridge's rowers who train up this stretch of the river. There's a [lovely cut-through](#) which begins by Scudamores or Las Iguanas on Bridge Street

- and takes you all along the river on a wooden walkway - a secret route which takes you straight from the busy city into the park. Again, there are lots of pubs along the river which are worth stopping in such as:
 - [Fort St George](#)
 - [OtherSyde bar](#)
A food place with tasty vegan food, coffees, cakes and views of the river.
 - [Green Dragon Pub](#) with outdoor riverside tables



Image description : An image of Lammas land park; a play area is shown surrounded by grass in front of some trees.

- **Lammas Land**
This is a smaller park but still has lots of space for outdoor games, including a free tennis court. Location details can be found here: [Lammas Land](#)
- **Coldhams Common and Cherry Hinton Hall Park**
These outdoor spaces have been recommended by viewers of the guide, please visit the following links to find out more about visiting and the facilities for both here: [Coldham's Common](#) and [Cherry Hinton Hall park](#)



Image description: A series of picnic tables at the OtherSyde bar in front of a tipi-style sheltered area featuring people talking.

THINGS TO DO IN CAMBRIDGESHIRE

For information on public transport within Cambridgeshire visit this link:
<https://transport.cambridgeshirepeterborough-ca.gov.uk/journey-planner/>

Walks and Outdoor spaces in Cambridgeshire

- **Anglesey Abbey Gardens (£10 Admission)**
 Quay Rd, Lode, Cambridge CB25 9EJ
[Anglesey Abbey, Gardens and Lode Mill](#)
- **Wimpole Estate (£18 Admission)**
 Wimpole Estate, Orwell, Royston SG8 0BW
[Wimpole Estate](#)
- **Wicken Fen Nature Reserve (£8 Admission)**
 34 Lode Ln, Wicken, Ely CB7 5XP
[Wicken Fen Nature Reserve](#)
- **Wandlebury Country Park (Free)**
 Wandlebury Ring, Gog Magog Hills, Cambridge CB22 3AE
[Wandlebury Country Park](#)
- **Orchard Tea Garden Grantchester**
 47 Mill Way, Grantchester, Cambridge CB3 9ND
[Home - Orchard Tea Garden Limited](#)

Places of Interest and Events

- **Christmas at Ely Cathedral,**
 Full programme available here: [Christmas at Ely Cathedral 2021 - Plan Your Visit](#)
- **Visit St Ives**
 St Ives is a beautiful market town north of Cambridge, which is accessible via the guided busway direct from Cambridge city centre. The town has riverside walks, a traditional weekly market and a variety of independent shops and eateries. To find out more and plan a trip visit this webpage: [Our St Ives - Find out about events and activities in St Ives](#)
- **Visit Ely**
 Ely is a Cathedral City in Cambridgeshire and is reachable via bus and train from Cambridge City Centre. For more information and to plan a trip click on this link: <http://www.visitely.org.uk/things-to-do/>

EVENTS AND PLACES TO VISIT FURTHER AFIELD



Image description: People are ice skating on a rink which is set in front of a historical building with a christmas tree adorned with lights in the middle of the rink.

For public transport information in the UK please visit:
<https://www.nationalrail.co.uk/> for train information and
<https://www.nationalexpress.com/en> for coach information.

London

- **Winter Wonderland - 19th November-3rd January**

Winter Wonderland is located in Hyde Park. It is free to enter during off peak hours but booking is required. The event hosts a variety of attractions, activities, entertainment, food, drinks and a christmas market. For more information and to book visit this link: [Hyde Park Winter Wonderland: Home](#)

- **London's best gardens**

London is also home to a number of stunning outdoor spaces. Take a look at this webpage which rounds up the best Gardens London has to offer and details on how to visit: [Best London gardens - Garden - visitlondon.com](#)

- **Top 26 free Museums in London**

As the nation's capital, London is home to a number of Museums and Galleries. This website features a list of the most recommended sites which are also completely free to visit! [Free museums in London - Museum](#)

Norwich

- **Free things to do in Norwich Top picks for 2021**

Norwich is a city in the county of Norfolk which has a direct train line to Cambridge. Check out this guide by Visit Norwich to see the best free things to do in the city here: [Free Things to do in Norwich: Top picks for 2021 - Visit Norwich](#)

- **Norwich Cathedral**

Situated within walking distance of the city centre, Norwich Cathedral is free to visit and worth a visit. The cathedral has the second largest cloisters in England and is also home to a cathedral cat and a pair of peregrine falcons. To find out more visit here: [Norwich Cathedral | At the heart of the county of Norfolk & the Diocese of Norwich](#)

- **Norwich Market**

Norwich market is a permanent outdoor market which is open Monday through to Saturday. The market has a vibrant mix of foods, crafts, flowers and much more! It is situated in the centre of the city and more information is available here: [A Guide to Norwich Market - Visit Norwich](#)

York

- **The Shambles**

The shambles is one of the best preserved medieval shopping streets in Europe and is located within the centre of York. On the shambles you will find cafes, independent shops, boutiques and antique shops. A full list of shops can be found here: [Shambles | Medieval Street in York](#)

- **York Minster - from £9**

Situated in the centre of the city the Minster is a magnificent building and focal point of the city. You can walk around the Minister grounds for free but entry into the building requires admission. More information can be found here: [York Minster: Homepage](#)

- **National Railway Museum**

Situated next to the railway station is a museum dedicated to the history of locomotives in the UK. Admission is free but requires booking which is accessible here: [National Railway Museum](#)

Edinburgh

- **Royal Botanic Gardens**

Set in over 70 acres of landscape and just outside the city centre, the garden offers a rich variety of plants from around the world. Garden entry is

- free. More information available here: [Royal Botanic Garden Edinburgh | Gardens | Visit](#)
- **Scottish National Gallery**
The gallery is free to enter but requires booking. Check out the current exhibitions on show here: [Scottish National Gallery](#)
- **Edinburgh Royal Mile and Grassmarket**
The royal mile runs throughout the heart of Edinburgh's Old Town and features independent and chain shops and eateries. The Grassmarket is full of lively drinking spots and eclectic shops. For more information visit this webpage: [Edinburgh Visitor Guide - Accommodation, Things To Do & More](#)

Cardiff

- **Visit The Senedd**
The Senedd is the main public building of the Welsh Parliament. It is an open building but a free ticket is required. Within the building you can have a cup of coffee in the Oriel and visit public galleries. The Senedd also hosts exhibitions. More information on visiting can be found here: [Visit the Senedd](#)
- **Cardiff Christmas Market**
The Cardiff Christmas Market takes place between 11th November and 23rd December within the city centre. It hosts a range of stalls showcasing independent businesses and handmade goods. You can find out more about the market and vendors here: [Cardiff Christmas Market](#)
- **National Museum Cardiff**
Entry into the museum is free of charge and a range of exhibitions showcase world class art and natural history. You can also visit the museum from the comfort of your home via a series of virtual events and tours which can be found on their website. For further information click here: [National Museum Cardiff - Amgueddfa Genedlaethol Caerdydd](#)

Exeter

- **Exeter Cathedral Christmas Market**
The Cathedral hosts a Christmas market which runs until Saturday 18th December and hosts a range of festive stalls. Entry into the Cathedral is also free. Find out more here: [Exeter Cathedral Christmas Market 2021](#)
- **The Bill Douglas Cinema Museum**
The Museum is home to one of the largest collections of material relating to

the moving image in Britain. The site is both an accredited public museum and an academic research facility. To find out more visit this webpage: [The Bill Douglas Cinema Museum: Home](#)

- **Royal Albert Memorial Museum and Art Gallery**

Entry to the museum is free though some exhibitions may have a charge.

More information on current exhibitions and visiting is available here: [Royal Albert Memorial Museum, Exeter](#)

COMMUNITY VOLUNTEERING

If you are going to be in Cambridge over the holiday period and are interested in seeking out some short-term volunteering opportunities then check out the following webpages:

- **Cambridge Community Kitchen**

The kitchen is a food solidarity collective which offers free, hot, plant-based meals to those who need them every Tuesday, Thursday and Sunday evening. Volunteers are needed for cooking, cleaning and delivery on these days. There are additional festive shifts on the 24th and 26th December. For more information and to get involved visit: [Cambridge Community Kitchen](#)

- **Do It**

Do It is a social network website which features volunteering opportunities. You can enter the location and type of commitment length which suits you best and see a list of available opportunities. Click here to use the search facilities: [Connecting people to do good things](#)

- **Cambridge Mutual Aid Facebook Group**

This is a public facebook group which brings together people in the community who are able to offer support to those in need. To find out more or join the group click this link: [Cambridgeshire Mutual Aid](#)

- **Student Community Action**

Could you volunteer with us? Waterbeach Youth Club (WAY) will be running youth club sessions from 11am - 3pm on Monday 20th, Tues 21st, Weds 22nd and Thursday 23rd.

The youth club is in Waterbeach, just outside Cambridge, at the Tillage Hall on the Recreation Ground. We have a number of Cambridge students volunteering there at the moment and we would love some more!

Activities:

We need help with cooking, doing some arts and crafts or other games and activities if you have any favourites! No experience required, you just need to be comfortable around groups of young people.

Travel:

It's a 26 minute bus journey from Emmanuel Street and a 4 minute walk, or a 8 min train journey from Cambridge then a 10 min walk from the station to Tillage Hall where the activities will take place. We reimburse all travel costs in either case.

Contact:

Email Caroline (caroline@cambridgesca.org.uk)

More projects at Student Community Action: [Projects and Opportunities - Cambridge Student Community Action](#)

Access statement for Waterbeach Youth club and premises: The Tillage Hall has level access throughout and there are accessible toilets. The sessions may get busy or loud. Please contact us with any questions about accessibility or individual activities and we will get back to you as soon as possible



Image description: 8 young people posing with cakes and refreshments in a kitchen

Whether you are staying in Cambridge or are further afield, you can also volunteer your time virtually. Check out some opportunities below:

- **Be My Eyes**

Be My Eyes is a free app that connects blind and low-vision people with sighted volunteers for visual assistance through live video call. Find out more about the app and how to volunteer here: [Be My Eyes - See the world together](#)

- **ZSL Instant Wild**

This platform helps you to take part in vital conservation work by bringing you live images and videos from all around the world. Imagery is posted on the website for volunteers to tag. Instructional videos are also available. Find out more here: <https://instantwild.zsl.org/>

- **Smithsonian Digital Volunteers: Transcription Centre**

By becoming a digital volunteer for the Smithsonian you can help make historical documents and biodiversity data more accessible whilst also gaining skills in transcription. Find out more and access guidance here: [Smithsonian Digital Volunteers](#)

INDIVIDUAL AND GROUP ACTIVITIES

The following ideas were contributed to this guide by various College Committees and SU Campaigns from previous years.

- **Food and Drink**

- **Christmas Dinner Recipes**

This website hosts a series of Christmas recipes which don't require an oven: [No-Bake Christmas Dinner Recipes](#)

- **No Bake Holiday Desserts**

Delish has put together a collection of 60 dessert ideas which also don't require access to an oven: [60 Best No Bake Christmas Desserts](#)

- **Vegan Festive Recipes**

Whether you are a vegan or avoid dairy due to allergies, BBC Good Food has put together this handy recipe collection of vegan recipes. Available here: [Vegan Christmas recipes](#)

- **Vegetarian Festive Recipes**

BBC Good Food also hosts a collection of delicious vegetarian recipes too which you can access here: [Vegetarian Christmas recipes](#)

- **Mulled Wine**

Here you can find a recipe for traditional mulled wine: [Slow cooker mulled wine recipe](#) and here's an alcohol free alternative: [Non-alcoholic mulled wine recipe](#)

- **Festive Films**

Watch a festive film in your pjs! This website has put together a list of what

they think are the best christmas films to watch ranging from classics to christmas horror movies there will be something to suit everyone! Find the list here: [40 Best Christmas Movies of All Time](#)

- **Crafting**

Make your own Christmas wreath or decorations. Lots of inspiration for easy decorating can be found online. For example Host students put together a list of 5 ways to decorate a student flat using recycled materials which you can access here: [5 DIY Christmas decoration ideas for your student flat](#)

- **Music**

Christmas has generated some of the best (and worst) music out there, and Christmas gives you an excuse to listen to all your festive favourites a month earlier than is normally socially acceptable. Here is a list of some festive spotify playlists, simply click on the hyperlink to start listening!

- [Christmas Hits](#)
- [Indie Christmas](#)
- [Christmas At King's - Album by Choir of King's College, Cambridge](#)
- [Christmas Music: Instrumentals - playlist by Lullify Music Group](#)
- [Christmas Hip Hop 'N R&B](#)

- **Group and Individual games and activities**

- **Just Dance Now** - This is a game to get you moving! With loads of songs and choreographies, compete against your housemates to discover who the best dancer is! Extra points if you dance to some Christmas songs! Try it for free here: [JUST DANCE NOW](#)
- **Codenames**
Try the online version of this hit board game played in two teams as you try to break the code. You can create a room on the webpage and people can join from anywhere with the room code. You can chat while using the video and audio functions. To create a room click here: [Codenames - Play with your Friends Online](#)
- **The After Eight Challenge** - If you are a lover of chocolate, then this is the game for you. All you need is a box of After Eights, or any chocolate or dairy free alternatives, and your face (and some serious

skill). The rules are simply: place an After Eight on your forehead, and slide it down your face into your mouth. This is trickier than you'd think and also very funny. Top tip: do it as quickly as possible before the chocolate melts and sticks to your face.

ONLINE ACTIVITIES AND EVENTS



Image description: A person adds more foliage to a partially made christmas wreath which features evergreen stems and purple berries.

- **Wellness Wanders**

If you are unable to visit the garden in person you can enjoy a virtual visit to the Cambridge University Botanic Garden by clicking here:

<https://www.botanic.cam.ac.uk/wellness-wander/>

- **Wildlife Drawing, from £10**

Online zoom sessions hosted throughout December, giving you the opportunity to choose from various wildlife such as Beavers, Platypuses. They also have 'live' options where you can draw from a livestream of animals such as Elephants and Seal Pups.

<https://wildlifedrawing.co.uk/classes/>

- **Headspace Youtube Videos**

Headspace is a mindfulness organisation who have a youtube page with an extensive range of wellbeing related mindfulness and information videos available in several languages. They have playlists dedicated to helping you sleep, introductions into mindfulness for beginners and their 'Press Play & Relax' series which features short videos to help you unwind and take a break such as ink patterns in water, ceramics and sprinkles! All

aforementioned videos and more available here: [Headspace](#)

- **Christmas Disco Yoga (Online, Tickets from £5)**
Join Disco Yoga for some 'yoga moves to disco grooves' on Thursday 9th December 2021, 20.00-21.15pm. This class is online and you can book a space here: [DISCO YOGA - London](#)
- **Lonely Planet's 'best virtual tours to explore the world' guide**
This extensive guide by Lonely Planet features a roundup of the best virtual tours available broken down into several categories. Browse this webpage to discover links to visit: The seven wonders of the World, Museum tours, National Parks and famous landmarks among others. Access these links here: [Best virtual tours to explore the world from home](#)
- **Slow TV**
Youtube is host to a series of channels providing multiple videos of 'Slow TV'. For example visit the link below to visit Amsterdam in Autumn, see the Beauty of New Zealand, or view Scotland by rail.
<https://www.youtube.com/c/dhuting/featured>
- **Podcasts**
 - **This is us podcast**
A podcast featuring estranged and care leaver students sharing their experiences of higher education. Available here:
<https://thisisusatuni.org/podcast/>
 - **No Such thing as a fish**
This podcast is hosted by the researchers behind the programme QI. Each week the hosts discuss their favourite facts unearthed from the past week. Available here: <https://www.nosuchthingasafish.com/>
 - **The Intelligence**
A current affairs podcast hosted by Economist Radio. Available here:
<https://theintelligence.economist.com/>
 - **Tiny Leaps big changes**
A personal development podcast focused on exploring the day-to-day behaviours that determine the results we gain in life. Available here:
<https://tlbc.co/tiny-leaps-big-changes/>

- **Always Take Notes**

A podcast for and about writers and writing

<https://www.alwaystakenotes.com/>

HELPFUL LINKS AND SUPPORT



Image description: Tree branches are covered with a light dusting of snow with red and gold baubles hung on them. Photo taken in semi-darkness with Christmas lights in the background.

- **Student Advice Service - open until 23rd December**

The advice service provides free, confidential and independent advice and support for all students. The service is open until the 23rd December and re-opens on the 4th January. For more information visit this webpage:

[Cambridge SU Student Advice Service](#)

- **Disability Resource Centre (DRC)**

The DRC can provide disabled students with support throughout their studies. They have a range of useful resources on their website which are found here: [Disability Resource Centre | DRC](#)

The resource centre opening times are found here: [Opening Hours and Staff list | Disability Resource Centre](#)

- **University Counselling Service (UCS)**

The University Counselling service offers a range of services. For further information on how to access support please visit: [University Counselling Service | Student Counselling](#)

The closure period for the UCS will be from noon on the 24th December

2021 and will reopen on the 4th January 2022.

For more information about support over the holidays you can access this document: [Mental Health Support - Winter Holiday 2021-2022](#)

- **The Careers Service** is open in the run-up to Christmas and can help students in a huge variety of ways in terms of thinking ahead for summer work, internships or work experience. Access their website here: [Careers Service](#)

The service is open Monday to Friday 9am - 1pm and 2pm - 5pm out of term time however please check the website for any closure periods.

- **Out of hours support**

To access a range of out of hours and help and advice line information please visit this page on the SU website: [Out of Hours Support](#)

- **Emergency Accommodation**

Please see below for the details for some charities which provide resources and helplines in regards to homelessness and emergency accommodation:

- [Crisis | Together we will end homelessness](#)
- [St Mungo's: Homeless Charity](#)
- [Refuge Against Domestic Violence - Help for women & children.](#)
- [Shelter England: Home](#)

Facebook Groups


Here is a list of facebook groups put together by your sabbatical officer team. To access a group page simply click on its title below:

- [Facebook group for students staying in Cambridge over the Winter Holidays](#)
- [QWiC - A queer women and non-binary community \(Cambridge, UK\)](#)
- [Intermission Solidarity & Support](#)
- [Trans Students of Cambridge](#)
- [Cambridge University Double-Time Student Support](#)
- [BME Mental Health support group](#)
- [Long Covid Support group for students at the University of Cambridge](#)
- [Gendered Intelligence - Home](#)
- [Encompass Network Cambridge - Home](#)
- [Cambridge SU BME Campaign group](#)

- [FUSE Cambridge - Home](#)
- [cambridge uni dsc community!](#)
 - [DSC ED support community](#)
 - [DSC d/Deaf & Hard of Hearing students](#)
 - [DSC benefits & financial support](#)
 - [DSC Speech Disorders Community](#)
 - [DSC Visually Impaired Community](#)
 - [DSC SpLD/ASD/neurodivergent community](#)
 - [DSC/SMC Mental Health Issues support community](#)
 - [DSC digestive disorder support \(growly bowel club\)](#)
 - [DSC trauma/PTSD support community](#)
 - [DSC chronic pain &/ fatigue community](#)
 - [DSC PDs Community group](#)
 - [DSW Wheelchair/Mobility Aid users support group](#)


Cambridge SU Campaigns

There are 7 campaigns within Cambridge SU; they are communities within the student membership. Each group has its own committee, events and campaigns. For more details click on the campaign web pages below:

 **SU Women's Campaign** (advocates for female and non-binary students):
[Women's Campaign](#)

 **SU LGBT+ Campaign:** [LGBT+ Campaign](#)

 **SU BME Campaign:** [BME Campaign](#)

 **Class Act Campaign** (supports those having experienced educational, economic, cultural or social disadvantage such as but not limited to being working class, state-comp educated, low-income, first generation, estranged, precariously housed, young carer or care leaver students): [Class Act Campaign](#)

 **Disabled Students' Campaign:** [Disabled Students' Campaign](#)

 **International Students' Campaign:** [International Students' campaign](#)

 **Ethical Affairs Campaign** [Ethical Affairs Campaign](#)

👩‍🎓 **FLY** is a Cambridge forum for women and non-binary students of colour:

<https://flygirlsofcambridge.com/>

For Staff:

👩‍🎓 UCU for academic and academic-related staff representation:

<http://www.ucu.cam.ac.uk/>

👩‍🎓 UCU Coronavirus Advice: guidance for UCU members on Coronavirus and their rights at work: <https://www.ucu.org.uk/coronavirus>

ALTERNATIVE STUDY VENUES



Image description: A black mug of hot chocolate featuring a christmas tree pattern cocoa dusting sits on a red place on a wooden table.

Here are some possible study space options for use over the winter period. Please note you will need to contact these venues regarding festive opening times.

- **Spacefinder**
spacefinder.lib.cam.ac.uk
The University's workspace directory - including University and city libraries, designated study spaces, and local cafés. You can filter by noise level, facilities, atmosphere, etc.

- **Hot Numbers Cafés**
hotnumberscoffee.co.uk
- **Espresso Library**
www.espressolibrary.com
- **Charlie's Company Café**
Charlie's Coffee Cafe
- **The Locker Café**
The Locker Cafe Cambridge
- **Cambridge Central Library**
Cambridge Central Library
- **Abantu Café**
<https://cafe-abantu.co.uk/>
- **Stir**
stircambridge.co.uk

REFRESHERS FAIR

CAMBRIDGE
SU REFRESHERS
FAIR 2022

TRY SOMETHING NEW **THIS YEAR!**

Our Refreshers Fair welcomes new students starting courses in January, as well as those who would like another opportunity to explore the large range of societies here at Cambridge.

17TH JANUARY | 10AM - 5PM

 **CAMBRIDGE CORN EXCHANGE**

