

## Sources of information, advice and support for students dealing with sexual assault or harassment

### Are you at immediate risk of harm?

In an emergency you can contact the emergency service by telephoning 999. You can also contact the lodge and porters who will contact the Senior Tutor or duty tutor on your behalf, or the emergency services if this is what you wish.

Lodge phone number 01223338999

### If you have suffered harassment or a sexual assault

There is detailed advice here on the university pages

<https://www.breakingthesilence.cam.ac.uk/if-you-have-been-affected-harassment-or-sexual-misconduct>

If you wish to attend the [Cambridgeshire Sexual Assault Referral Centre \(Huntingdon\)](#), tel 0800 1935434 the porters or the duty tutor can arrange for a taxi to take you there and back.

### Sexual Assault and Harassment Advisor (for students) -

email [sexual.assault.advisor@admin.cam.ac.uk](mailto:sexual.assault.advisor@admin.cam.ac.uk)

For advice within college

**The college discrimination and harassment contact** is the Senior Tutor, Dr Sandra Fulton 01223 338900 [senior.tutor@girton.cam.ac.uk](mailto:senior.tutor@girton.cam.ac.uk)

If you prefer to contact a male tutor Dr Arik Kershenbaum [elk10@cam.ac.uk](mailto:elk10@cam.ac.uk) can also act in this capacity

### Other sources of support

- Your College tutor
- Tutorial Office, Mrs Angela Stratford 01223 338972 [tutorial@girton.cam.ac.uk](mailto:tutorial@girton.cam.ac.uk)
- College Nurses, Jacqui Isbister, Rachel Lloyd 01223 338937 [nurses@girton.cam.ac.uk](mailto:nurses@girton.cam.ac.uk)
- College Chaplain, Rev Dr Tim Boniface 01223 338956 [chaplain@girton.cam.ac.uk](mailto:chaplain@girton.cam.ac.uk)
- College based counsellors <https://www.counselling.cam.ac.uk/cbccouns/girton> booking form <https://forms.counselling.cam.ac.uk/titanium/Hwc/Main/Menu>
- [jcr-welfare-women@girton.cam.ac.uk](mailto:jcr-welfare-women@girton.cam.ac.uk)
- [jcr-welfare-men@girton.cam.ac.uk](mailto:jcr-welfare-men@girton.cam.ac.uk)
- [JCR-women-officer@girton.cam.ac.uk](mailto:JCR-women-officer@girton.cam.ac.uk)
- JCR LGBT+ officer [jcr-lgbt@girton.cam.ac.uk](mailto:jcr-lgbt@girton.cam.ac.uk)
- JCR Ethnic minorities officer [jcr-ethnic@girton.cam.ac.uk](mailto:jcr-ethnic@girton.cam.ac.uk)
- MCR welfare officers [mcr-welfare@girton.cam.ac.uk](mailto:mcr-welfare@girton.cam.ac.uk)

For other advice outside college, within university

- University Student Counselling Service - <https://www.counselling.cam.ac.uk/> telephone 01223 33286

- Sexual Assault and Harassment Advisor (for students) - email [sexual.assault.advisor@admin.cam.ac.uk](mailto:sexual.assault.advisor@admin.cam.ac.uk)
- Nightline <https://cambridge.nightline.ac.uk/>
- Student Advice Service support <https://www.cambridgesu.co.uk/support/advice/harassmentandsexualmisconduct/>

#### Some external specialist providers

- the Elms, Sexual Assault Referral Centre - <http://www.theelmssarc.org/>. The service is completely confidential and you do not have to give any personal information in order to get help.
- Cambridge Rape Crisis Centre - [cambridgerapecrisis.org.uk](http://cambridgerapecrisis.org.uk)
- Samaritans - [www.samaritans.org](http://www.samaritans.org)
- Equality Advisory Service - [www.equalityadvisoryservice.com](http://www.equalityadvisoryservice.com)
- First Response (NHS help in a mental health crisis) - telephone 111 option 2
- Survivors UK - male rape and sexual abuse - [www.survivorsuk.org](http://www.survivorsuk.org)
- Cambridge constabulary <https://www.cambs.police.uk/information-and-services/Serious-sexual-offences-and-rape/Rape-and-serious-sexual-assault>