Sources of information, advice and support for students dealing with sexual assault or harassment

Are you at immediate risk of harm?

In an emergency you can contact the emergency service by telephoning 999. You can also contact the lodge and porters who will contact the Senior Tutor or duty tutor on your behalf, or the emergency services if this is what you wish.

Lodge phone number 01223338999

If you have suffered harassment or a sexual assault

There is detailed advice here on the university pages https://www.breakingthesilence.cam.ac.uk/if-you-have-been-affected-harassment-or-sexual-misconduct

If you wish to attend the Cambridgeshire Sexual Assault Referral Centre (Huntingdon), tel 0800 1935434 the porters or the duty tutor can arrange for a taxi to take you there and back.

Sexual Assault and Harassment Advisor (for students) - email sexual.assault.advisor@admin.cam.ac.uk

For advice within college

The college discrimination and harassment contact is the Senior Tutor, Dr Sandra Fulton 01223 338900 senior.tutor@girton.cam.ac.uk
If you prefer to contact a male tutor Dr Arik Kershenbaum elk10@cam.ac.uk can also act in this capacity

Other sources of support

• Your College tutor
• Tutorial Office, Mrs Angela Stratford 01223 338972 tutorial@girton.cam.ac.uk
• College Nurses, Jacqui Isbister, Rachel Lloyd 01223 338937 nurses@girton.cam.ac.uk
• College Chaplain, Rev Dr Tim Boniface 01223 338956 chaplain@girton.cam.ac.uk
• College based counsellors https://www.counselling.cam.ac.uk/cbccouns/girton booking form https://forms.counselling.cam.ac.uk/titanium/Hwc/Main/Menu
• jcr-welfare-women@girton.cam.ac.uk
• jcr-welfare-men@girton.cam.ac.uk
• JCR-women-officer@girton.cam.ac.uk
• JCR LGBT+ officer jcr-lgbt@girton.cam.ac.uk
• JCR Ethnic minorities officer jcr-ethnic@girton.cam.ac.uk
• MCR welfare officers mcr-welfare@girton.cam.ac.uk

For other advice outside college, within university

• University Student Counselling Service - https://www.counselling.cam.ac.uk/ telephone 01223 33286
• Sexual Assault and Harassment Advisor (for students) - email sexual.assault.advisor@admin.cam.ac.uk

• Nightline https://cambridge.nightline.ac.uk/
• Student Advice Service support https://www.cambridgesu.co.uk/support/advice/harassmentandsexualmisconduct/

Some external specialist providers

• the Elms, Sexual Assault Referral Centre - http://www.theelmssarc.org/. The service is completely confidential and you do not have to give any personal information in order to get help.
• Cambridge Rape Crisis Centre - cambridgerapecrisis.org.uk
• Samaritans - www.samaritans.org
• Equality Advisory Service - www.equalityadvisoryservice.com
• First Response (NHS help in a mental health crisis) - telephone 111 option 2
• Survivors UK - male rape and sexual abuse - www.survivorsuk.org