

CAFETERIA LUNCH MENU NO.4.

Week Commencing: Monday 6th February

Meal Deal can be served with vegetables or a bowl of Salad

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup of the day Lemon & Fennel and crusty roll ~ Panini Bar ~ Chicken Tikka Naan & Cucumber Riata ~ Hake Baked with Thai Spices & Coconut ~ Goats Cheese and Caramelized Onion Quiche ~ New potatoes ~ Fried Diced Potatoes ~ Braised Leeks ~ Sweetcorn ~ HOT SWEET Pear & Ginger Sponge & Custard	Soup of the day Broccoli & Brie and crusty roll ~ Porchetta, Italian roast pork ~ Prawn & parsley frittata ~ Goat's Cheese & Walnut Puff Pastry Tart with Red Onion Jam ~ Chipped Potatoes ~ New potatoes with herb butter ~ Medley of Beans ~ Vichy carrots ~ HOT SWEET Rhubarb Crumble & Custard	Soup of the day Tomato & Horseradish and crusty roll ~ Panini Bar ~ Crispy duck with pancakes, spring onions, cucumber & hoisin sauce ~ Poached salmon with the sunny & aromatic flavours of morocco ~ Baked Greek omelette ~ Chipped Potatoes ~ New Potatoes ~ Peas ~ Spinach ~ Ratatouille ~ HOT SWEET Bakewell Tart & Cream	Soup of the day Mushroom & Nutmeg and crusty roll ~ Pastitsio: beef & macaroni pie ~ Grilled cod with shellfish & garlic butter ~ Vegetable Moussaka ~ Curly fries ~ Skin on New Potatoes ~ Broccoli Florets ~ Creamed leeks ~ Braised fennel ~ HOT SWEET Date, Walnut & Coffee Sponge with Fudge Sauce	Soup of the day French Onion and crusty roll ~ Panini Bar ~ Battered Cod the home made tartar sauce ~ Grilled Butter-flied Chicken with Herb and Lemon Sauce ~ Pasta with either Tomato and Basil Sce Or Mushroom and tarragon sce topped with rocket and parmesan ~ Homemade Chips ~ Garden Peas ~ Mushy Peas ~ Vegetable of the day ~ HOT SWEET Gooseberry Cobbler & Custard	Soup of the day Celery & Stilton and crusty roll ~ Spicy Beef Rogan Josh with Naan Bread ~ Cajun Salmon with a Creamy spiced Tomato Sauce ~ Tomato, Basil and Mozzarella Pitta Pizza ~ Vegetable Fried Rice ~ Chipped Potatoes ~ Thyme Roasted Carrots ~ Spinach with Onions ~ HOT SWEET Traditional Bread & Butter Pudding	BRUNCH